



# Support BackPack Friends



## Sponsorship

Help a child become part of the BackPack Friends program through a monetary donation. For a nominal amount, a child can have access to nutritious food every weekend for an entire school year.

1 Year . . . . .	\$300
1 Semester . . . . .	\$150
1 Month . . . . .	\$ 40

Online donations can be made at [ccbcnow.com](http://ccbcnow.com), click on **Connecting**, then **BackPack Friends** or make your check payable to "CCBC" specified to "BackPack Friends" and drop off at the church office or mail to:

Cape Carteret Baptist Church  
Attn: BackPack Friends  
101 Anita Forte Drive  
Cape Carteret, NC 28584



## Changing Lives . . . One Backpack at a time . . .

*true stories from people involved with BackPack Friends*

*"Hey Danielle, I have to share a story that brought tears to my eyes . . . I was subbing yesterday and a little boy came up to me and said I'm so glad it's Friday. I said you are, why? He said because I get my backpack filled and that means I finally get food. He was so happy, so thank you from him!"*

*"Look teacher . . . one backpack in the front and one in the back!"*

*"While making a delivery, a little boy at a school stopped me and asked if there was food in the bags I was holding, I said yes and he said YAY!!"*

*"could I please get some toilet paper to take home? We don't have any."*

*"could we add another bag to our count this week? We have another homeless family."*

---

This is your opportunity to make a difference in a child's life!

Please help us in our fight to drive hunger from our schools and community.

# BACKPACK FRIENDS



CHANGING LIVES . . .  
**ONE BACKPACK  
at a Time**

**A Ministry of  
Cape Carteret Baptist Church**



# About the Program & How to Get Involved

**BackPack Friends** provides nutritional meals and snacks to children who may need a little extra over the weekend. By supplying these bags, our goal is to assist in meeting their nutritional, mental and overall well-being needs. We need your help!! The number of children in need is growing on a daily basis so we need your continued support. Now in our fifth year, BackPack Friends delivers over 250 backpacks of food to children in 11 schools throughout Carteret, Onslow and Jones counties each week; all packed by caring volunteers with 100% donated food supplies at an annual cost of \$80,000.

## **100% Volunteers • 100% Donations**

BackPack Friends targets kids who access free and reduced-price breakfasts and lunches at school. Children are identified as "in need" by school guidance counselors and site coordinators. Backpacks are filled with healthy foods and are discreetly distributed to children before weekends or holiday vacations and empty backpacks are recollected and refilled for the next weekend's use.

For more information, please contact the BackPack Friends Coordinator, Danielle Abraham, at (810) 348-5557 or email at [backpackfriends@icloud.com](mailto:backpackfriends@icloud.com).



## **Each Backpack Contains:**

- 2 ..... vegetable bowls
- 2 ..... fruit bowls
- 3 ..... meat stews or canned meat
- 1 ..... packaged noodles
- 2 ..... healthy snacks
- 2 ..... breakfast items
- 1 ..... peanut butter
- 1 ..... jelly
- 4 ..... snack crackers
- 1 ..... roll toilet paper
- 4 ..... individually wrapped spoons

## **Food Drives**

Hold a BackPack Friends food drive with your group at your office, club or neighborhood. New backpacks are welcome, too! Call the BackPack Friends Coordinator at (810) 348-5557 for information on specific food to purchase and food drive flyers.

## **Adopt Backpacks**

Adopt backpacks for a month, semester or year. Purchase food weekly and fill the backpacks. Drop the backpacks off at Cape Carteret Baptist Church or arrange for them to be picked up. Call the BackPack Friends Coordinator at (810) 348-5557 for more information.

## **Volunteer**

Come to the Food Storage Locker to help pack backpacks or help deliver them to the schools! Call the BackPack Friends Coordinator at (810) 348-5557 for volunteer opportunities and information.

## **Sponsorship**

Help a child become part of the BackPack Friends program through a monetary donation. For a nominal amount, a child can have access to nutritious food every weekend for an entire school year. Call the BackPack Friends Coordinator at (810) 348-5557 for more information or complete the attached sponsorship form.

