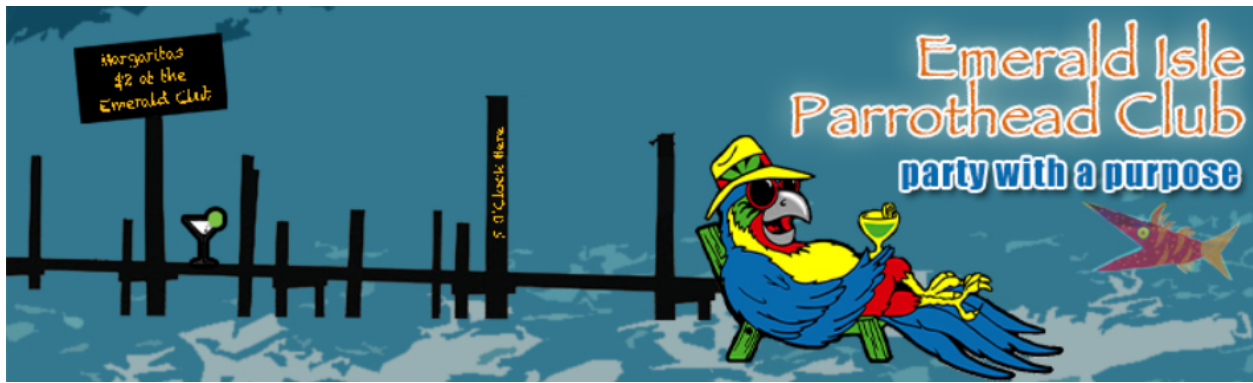




Parrot Poop

May PHlocking 🦜 ~ Friday, May 1st
7:00 pm Emerald Club

Wear Green in Support of Children's Mental Health Month!

Parrot Heads pull out your green threads for the PHlocking in support of Children's Mental Health Awareness. The first week of May is typically National Children's Mental Health Awareness Week, with May 7 often highlighted as a key day to wear green, symbolizing growth, new beginnings, hope, and balance.

There will be fun games with prizes for the winners and as always a 50/50 cash raffle with proceeds going to [One Place Child Advocacy Center](#). A representative from the center will be at the PHlocking to share more information and answer any questions. We hope you can join us in the hijinks, the more the merrier!

[One Place Child Advocacy Center](#) in Jacksonville is a child-focused facility dedicated to providing hope and healing for children, from birth through age 17, who have experienced physical or sexual abuse, trafficking, exposure to child sexual abuse material, severe neglect, or violence.

Onsite services include comprehensive medical exams, specialized forensic interviews, long-term advocacy, resource connections, evidence-based mental health treatment, and expert court testimony—all provided at no cost to children and their families.

Since opening in 2010, the nationally accredited center has evaluated and treated more than **4,500 local children.**



[Click here](#) to learn more about this great organization!

WAZ COMING UP?

May 30 ~ Beach Bike Poker Run ~ NOTE DATE CHANGE, see below

June 5 ~ PHlocking

July 3 - PHlocking

August 7 - PHlocking

Save the dates, more details to come!

LATEST PHLOCK NEWS

Beach Bike Poker Run 2026 - DATE CHANGE!

This year's event has been changed from the 3rd Saturday of May to the last Saturday ~ **May 30th**. The date was due to the many other events in the area on May 16th.

The poker run will be from 2 - 5 pm, with registration times and theme to be determined. More details will be sent in a future email prior to the event and posted on Facebook.



Register in person at The Emerald Club ~ there will be no advance/online registration. The cost is \$20 per person ~ bring cash as it's a cash only event!

This year's poker run will support the [Adaptive Surf Project of NC](#) ~ a group of surfers, friends, water-lovers and overall searchers of the "perfect wave". Based out of Morehead City, their mission is helping to create a life without limits by taking individuals living with disabilities out to the beach to enjoy the sport of surfing.

Make your plans to join us on May 30th! We have 6 great stops lined up:

Bar 1957
Flipperz
Gaffer's

Growler
Snapperz
Thirsty Surfer

April PHlocking - FEEDING FRENZY PRE-PARTY!

Parrot Heads were tested on their knowledge of Trop Rock music for a chance to win a cool cooler.

Congratulations to Mike McCarson, the winner of the Yeti cooler!

The 50/50 cash raffle netted \$550 which will be added to the proceeds from the Feeding Frenzy Music Fest on Saturday to benefit Semper Fi & America's Fund.



Didn't get your advance tickets to the Frenzy? No worries you can pay at the gate. Come on out, it will be an awesome afternoon of great music and PHun!

[SEMPER FI & AMERICA'S FUND](#) provides critical support for children of service members and veterans in Onslow and Carteret County, North Carolina.



Parrot Heads Celebrating Birthdays in May

Stop by the membership table at the **May** PHlocking and pick up your pass for a free beer!

Stephanie Creech, May 1
Taney Browder, May 1
Jim Yonally, May 5
Cynthia Hayes, May 6
Peter Kelsey, May 7
Earl Black, May 9
Jodi Dudek, May 10

Jen Carlucci, May 13
Jim Tuttle, May 16
Allen Ross, May 18
Cyndi Stephenson-Gibbs, May 20
Natalie Standley, May 21
Jeanne LaVana, May 21
Theresa Cochran, May 22

Scottie Wilson, May 22
Zoe Foster, May 28
Fred Dettmann, May 29
Joshua Crampton, May 29

Terry Groseclose, May 29
Ken Stone, May 30
Bob Linder, May 30
Patricia Johnson, May 31

Welcome New Members!

Jodi Dudek, Emerald Isle
Gail Exum, Roanoke Rapids
Annetta & Mitch Goolsby, Raleigh
Ken McCorry, Emerald Isle
Debra Pylypiw, Swansboro
Kristi Ratte, Indian Beach
Cyndi Stephenson-Gibbs, Swansboro
Mystie Turnage, Kinston

Your Parrot Head Board

Officers:

Moh Traini ~ President
Jessi Holland ~ Vice President
Pam Corey ~ Secretary
Jan Hicks, Red Modlin ~ Treasurers

Members at Large:

Donna Grady ~ Communications
Carol Keener ~ Activities
Jimi Crampton ~ Membership
Joel Dunn, Scott Bookout ~ Technology
Cris Lauback, Allison McCarson ~ Historians
George Martin ~ Voting Member at Large



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